



A bit about our juices, water and ingredients...

All our juice is freshly cold-pressed to order using a slow extraction method to keep the nutrients and life force of our fresh organic produce as intact as possible.

Our water has been filtered through a state of the art filtration system with 10 levels of natural media mimicking nature's cycles. It is then further "activated" using leading-edge vortex and infrared ceramics.

We also strive to find the most nourishing, inspiring, wild crafted and foraged foods from pristine ecosystems, small organic farmers and ethical and local suppliers. Everything on our ever-changing seasonal menu is created to nourish your bodies, hearts and minds in the most delicious, creative and healthy way we can imagine.



COCKTAILS

Cynara Spritz

baby artichoke infused gin, in-house wild amaro, prosecco 8.5

Vibrant Green Collins

quinoa vodka, fennel, sea radish, nettle, sorrel, mint, apple, soda water 8.5

Açai Sour

quinoa vodka, açai liqueur, apple, lime, bitters, agave 9.5

We're doing a cocktail swap with Gratitude Kitchen Bar & Grill in LA - we're serving their Açai Sour, created specially for us, whilst we shared our Cynara Spritz with them!

Eternal Sunrise

mezcal, orange, lime, hibiscus & annato infused agave 10.5

Sacred Slushie

sacred sloe gin, sacred rosehip cup, strawberries, orange, cucumber, mint 9

Cacao Espresso Martini

cacao liqueur, café liqueur, espresso, coconut, tonka 9

Wild Mary

quinoa vodka, tomato juice, worcestershire sauce, ginger, lemon, black pepper, celery 8.5

ALCOHOL FREE COCKTAILS

Juniper & Tonic

juniper, elderflower, fennel, cucumber, tonic 6

Blackberry Sparkle

blackberry, blackcurrant, citrus zest, lime, maple, kombucha 5.75

| swap kombucha for prosecco +4 |

Alp-accino

botanical drink, organic coffee, maple 7

| add seasonal ice cream +2.5 | N

SPIRITS

| 25 ml |

FAIR Quinoa Vodka 3.5

Sacred Gin 4

Da Mhile Seaweed Gin 4

Juniper Green London Dry Gin 3.5

Papagayo Organic Golden Rum 3.5

Papagayo Organic Spiced Rum 3.5

QuiQuiRiQui Mezcal Joven 5

Montelobos Mezcal 5.5

BEER & CIDER

| 330 ml |

Lucky Saint Low Alcohol Lager | G | 0.5% | 5

Freedom Organic Helles Lager | G | 4.8% | 5.5

Magic Rock Saucery Session IPA | 3.9% | 6

Magic Rock Fantasma IPA | 6.5% | 6.5

Hawkes 'Urban Orchard' Cider | 4.5% | 5.5



SHOTS

Blue Flame

apple, lemon, ginger, blue spirulina 3.5

Go, Go, Goji

goji berries, hibiscus, dates, pomegranate molasses 3.5

Sour Power

seabuckthorn juice, orange, pine pollen 3.5

JUICES

Vibrant Green

fennel, mint, apple, nettle, sorrel, watercress, sea radish
glass 8.25 / carafe 750ml 19

Purple Galaxy

orange, cucumber, purple cabbage, celery 7.5

Chasing Waterfalls

watermelon, cherries, thai basil, lime 7.5

Seasonal Berries

seasonal berries, apple, ginger
glass 7 / carafe 750ml 16.25

SMOOTHIES

Forgotten Ecstasy

cacao paste, dates, he-shou-wu, algarroba 8

Berries & Cream | N S

strawberries, raspberries, cherries, cashew mixed seed milk, coconut, lucuma, tremella 8

Sweet Life

peach, mango, maca, pine pollen, lime 8.25

Blueberry Dreams | N

wild blueberries, black mulberries, Brazil nuts, camu-camu, tonka 8

HOT SPECIALITIES

Pistachio Matcha | N

pistachio, almond milk, matcha, cinnamon, Irish moss 6.5
| or have it iced with whipped coconut cream +1.5 |

Rose Hot Chocolate | N S

cacao butter, coconut, almond milk, tahini, rose 5.5

Chai Spice | N

almond milk, cinnamon, cardamom, clove, ginger 5
| add mushroom superbooster +1 | S

Golden Chamomile | S G

turmeric, ginger, chamomile, oat milk, cacao butter, hemp 5.5
| or have it iced with whipped coconut cream +1.5 |

Selection of Teas Selection of Coffees

| ask a team member for more information |

SOFT DRINKS

Soda 3

Tonic 3

| original or cardamom |

Cola 4

Ginger Ale 3.5

Ginger Beer 4.25

Kombucha 4.25

| original, raspberry & lemon or ginger |

Large Still Water 4.5

Large Sparkling Water 4.5

Not all ingredients are listed for each drink, please inform a team member of any allergy or dietary requirements. Contains: N - Nuts, S - Seeds, G - Gluten

A 12.5% discretionary service charge will be added to your bill. All proceeds go directly to our team.

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WINE

WHITE

Lesc Blanc

South West France. Colombar, Ugni Blanc

glass 125ml 4.5
carafe 500ml 16
bottle 23

Chateau de la Mirande

South West France. Picpoul

glass 125ml 5.75
carafe 500ml 20.5
bottle 29.75

Baglio Bianco (Orange Wine)

Sicily, Italy. Catarrato

glass 125ml 8
carafe 500ml 27.5
bottle 39

Ciello Bianco

Sicily, Italy. Catarrato

bottle 24

Winery of Good Hope

Stellenbosch, South Africa. Chenin Blanc

bottle 27

Cinzia Bergaglio, Gavi di Tassarolo `La Fornace`

Piemonte, Italy. Cortese

bottle 34

Cora Blanco

Penedes, Spain. Muscat, Sauvignon, Xarel-Lo

bottle 35.5

Bodega Terras Gauda

Galicia, Spain. Albariño

bottle 40



RED

Chateau Saint Cyrgues

Rhone, France. Merlot, Syrah, Grenache

glass 125ml 4.75
carafe 500ml 16.5
bottle 23.5

Viña Ilusión

Rioja, Spain. Tempranillo

glass 125ml 6.25
carafe 500ml 22
bottle 32

Chateau Cambon

Beaujolais, France. Gamay

glass 125ml 8.25
carafe 500ml 29
bottle 42.5

Chateau du Cedre, Camille Malbec

Cahors, France. Malbec

bottle 26.75

Ollieux Romanis, Corbieres `Alice`

Corbieres, France. Carignan, Grenache Noir

bottle 29.75

Bourgueil Diptyque

Loire, France. Cabernet Franc

bottle 37.5

Judith Beck

Burgenland, Austria. Blaufrankisch

bottle 40

Clos Henri

Marlborough, NZ. Pinot Noir

bottle 47.5



WINE

ROSÉ

Bodega Honorio Rubio

Rioja, Spain. Garnacha, Viura

glass 125ml 5.25
carafe 500ml 19
bottle 27.5

Chateau d'Ollieres

Provence, France. Garnacha, Viura

bottle 35.5

SPARKLING

Cantina Bernardi, Prosecco Frizzante

Veneto, Italy. Glera

glass 125ml 8
bottle 27.5

Domaine Champalou, Vouvray Brut

Loire, France. Chenin Blanc

bottle 35.5

Pierre Gerbais, Cuvee Reserve

Champagne, France. Chardonnay, Pinot Noir

bottle 65

SWEET

Clos Lapeyre

Jurancon, France. Gros Manseng, Petit Manseng

glass 100ml 5.5
carafe 500ml 24.75
bottle 35

All of our wines have been sourced from small artisan growers and are either organic, practising organic or biodynamic.



*“May your life be an expression of thriving &
may the food you eat be a celebration of wellbeing”*